REGISTRATION SURVEY

**[INSERT CONSENT STATEMENT]**

|  |  |  |
| --- | --- | --- |
|  | **V** {INSERT ORGANISATION/PROJECT NAME} USE ONLY |  |
| UNIQUE ID |  |  |

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| --- | --- | --- | --- |
|  | Day | Month | Year |
| **1. Please provide today’s date** |  |  |  |

|  |
| --- |
| **2. Before you took part in {insert organisation/project name} which of these options best describes your previous volunteering experience?** *By volunteering, we mean unpaid help to groups, clubs or organisations.* |
| *(Please select one option)* |
| 🞏 | I volunteered regularly (e.g. once every couple of months or more) | 🡺 | **Continue** |
| 🞏 | I volunteered before but not regularly (e.g. once or twice a year or on a one-off occasion) | 🡺 | **Continue** |
| 🞏 | I had never volunteered  | 🡺 | **Please go to Question 5** |
| 🞏 | Don't know | 🡺 | **Please go to Question 5** |

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| **3. Before you took part in {insert organisation/project name} in the last 12 months on approximately how many days have you volunteered?**  |
| *Please state an approximate number of days below or tick Don’t know.* |
| ***\_\_\_\_\_\_\_\_*** |
| 🞏 | Don’t know |  |

|  |
| --- |
| **4. Before you took part in {insert organisation/project name} had you volunteered in a sport or physical activity context before?** |
| *(Please select one option)* |
| 🞏 | Yes |  |  |
| 🞏 | No |  |  |
| 🞏 | Don't know |  |  |

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| --- |
| **5. Who told you about the opportunity to take part in {insert organisation/project name}?** |
| *(Please select one option)* |
| 🞏 | I searched for the opportunity myself | 🡺 | **Continue** |
| 🞏 | My teacher or youth worker told me about it | 🡺 | **Please go to Question 7** |
| 🞏 | My employer told me about it  | 🡺 | **Please go to Question 7** |
| 🞏 | A friend or family member told me about it | 🡺 | **Please go to Question 7** |
| 🞏 | Another volunteer approached me | 🡺 | **Please go to Question 7** |
| 🞏 | A referral or recommendation (e.g. from a healthcare professional, social worker or community group) | 🡺 | **Please go to Question 7** |
| 🞏 | Other (Please Specify) |  | 🡺 | **Please go to Question 7** |
| 🞏 | Don’t know |  | 🡺 | **Please go to Question 7** |

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| **6. Where did you find out about the opportunity to take part in {insert organisation/project name}?** |
| *(Please select one option)* |
| 🞏 | On social media (e.g. Twitter, Facebook) |  |  |
| 🞏 | On a leaflet or poster  |  |  |
| 🞏 | In a newspaper or magazine |  |  |
| 🞏 | On a website |  |  |
| 🞏 | At an event |  |  |
| 🞏 | Other (Please Specify)  | ***\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*** |  |  |

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| **7. Which of these options describes why you started taking part in {insert organisation/project name}?** |
| *(Please select all options that apply)* |
| 🞏 | To help people  |  |  |
| 🞏 | To make friends  |  |  |
| 🞏 | I enjoy volunteering |  |  |
| 🞏 | To have fun |  |  |
| 🞏 | To socialise with other people |  |  |
| 🞏 | The cause is important to me  |  |  |
| 🞏 | To have my say |  |  |
| 🞏 | My friends/family did it  |  |  |
| 🞏 | To make a difference in my local area  |  |  |
| 🞏 | To be involved with sport |  |  |
| 🞏 | To learn new skills |  |  |
| 🞏 | To improve my career prospects |  |  |
| 🞏 | To get a qualification |  |  |
| 🞏 | To help fill my time |  |  |
| 🞏 | It was part of a lesson or course |  |  |
| 🞏 | To gain rewards (e.g. tickets to an event, t-shirt, vouchers) |  |  |
| 🞏 | It is part of my religious beliefs |  |  |
| 🞏 | Other (Please Specify) | ***\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*** |  |  |

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| **8. Were you thinking of volunteering before you joined {insert organisation/project name}?** |
| *(Please select one option)* |
| 🞏 | Yes, I was already searching for volunteering opportunities |  |  |
| 🞏 | Yes, I was thinking about volunteering but had not searched for an opportunity |  |  |
| 🞏 | I was not searching for a volunteering opportunity but this {insert organisation/project name} appealed to me |  |  |
| 🞏 | None of the above |  |  |
| 🞏 | Don’t know |  |  |

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| **9. We are going to ask you a few questions about you in order to understand how these may change during your participation in {insert organisation/project name}.** |
| *(Please tick one number in each question only, or select Don’t know)* |

|  |
| --- |
| **Overall, how satisfied are you with your life nowadays?** |
| 0=Not at all satisfied | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 10=Completely satisfied | 🞏 Don’t  |
| 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  know |

|  |
| --- |
| **Overall, how happy did you feel yesterday?** |
| 0=Not at all happy | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 10=Completely happy | 🞏 Don’t  |
| 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  know |

|  |
| --- |
| **Overall, how anxious did you feel yesterday?** |
| 0=Not at all anxious | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 10=Completely anxious | 🞏 Don’t  |
| 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  know |

|  |
| --- |
| **Overall, to what extent do you feel the things you do in your life are worthwhile?** |
| 0=Not at all worthwhile | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 10=Completely worthwhile | 🞏 Don’t  |
| 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  know |

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| --- |
| **I can achieve most of the goals I set myself?** |
| 0=I do not agree at all | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 10=Completely agree | 🞏 Don’t  |
| 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  know |

|  |
| --- |
| **I feel confident at having a go at things that are new to me?** |
| 0=I do not agree at all | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 10=Completely agree | 🞏 Don’t  |
| 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  know |

|  |
| --- |
| **On the whole, I am satisfied with myself?** |
| 0=I do not agree at all | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 10=Completely agree | 🞏 Don’t  |
| 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  know |

|  |
| --- |
| **If something goes wrong I am able to bounce back and carry on?** |
| 0= I do not agree at all | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 10= Completely agree | 🞏 Don’t  |
| 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  know |

|  |
| --- |
| **I am able to motivate and influence other people?** |
| 0=I do not agree at all | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 10=Completely agree | 🞏 Don’t  |
| 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  know |

|  |
| --- |
| **I have skills and experience that are valued by employers?** |
| 0=I do not agree at all | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 10=Completely agree | 🞏 Don’t  |
| 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  know |

|  |
| --- |
| **I** **think that most people in my local area can be trusted?** |
| 0=I do not agree at all | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 10=Completely agree | 🞏 Don’t  |
| 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  know |

|  |
| --- |
| **I feel that I strongly belong to my immediate neighbourhood?*Please think of the area within a few minutes walking distance from your home*** |
| 0=I do not agree at all | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 10=Completely agree | 🞏 Don’t  |
| 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |  know |

|  |
| --- |
| **10. In the past week, on how many days have you done a total of 30 minutes or more of physical activity, which was enough to raise your breathing rate?** *This may include sport, exercise and brisk walking or cycling for recreation or to get to and from places, but should not include housework or physical activity that is part of your job (if you have one).* |
| *(Please select one option)* |
| 🞏 | 0 days |  |  |
| 🞏 | 1 day |  |  |
| 🞏 | 2 days |  |  |
| 🞏 | 3 days |  |  |
| 🞏 | 4 days |  |  |
| 🞏 | 5 days |  |  |
| 🞏 | 6 days |  |  |
| 🞏 | 7 days |  |  |
| 🞏 | Don’t know |  |  |

Just a few questions about you:

|  |
| --- |
| **11. What is your gender?** |
| *(Please select one option)* |
| 🞏 | Male |  |  |
| 🞏 | Female |  |  |
| 🞏 | Other |  |  |
| 🞏 | Prefer not to say |  |  |

|  |
| --- |
| **12. What is your age?** |
| *(Please state your age in years below)* |
| ***\_\_\_\_\_\_\_\_\_\_\_*** |
|  | 🞏 | Prefer not to say |  |

|  |
| --- |
| **13. Which one of the following best describes your ethnic group?**  |
| *(Please select one option)* |
| 🞏 | White British |  |  |
| 🞏 | White Other |  |  |
| 🞏 | Mixed  |  |  |
| 🞏 | Asian/Asian British |  |  |
| 🞏 | Black/Black British |  |  |
| 🞏 | Other ethnic group (Please Specify) |  |
| 🞏 | Prefer not to say |  |  |
| **14. Do you consider yourself to have a physical or mental health condition that has a substantial and long-term effect on your ability to do normal daily activities?** |
| *(Please select one option)* |
| 🞏 | Yes |  |  |
| 🞏 | No |  |  |
| 🞏 | Prefer not to say |  |  |

|  |
| --- |
| **15. Which of the following options most closely describes you?** |
| *(Please select one option)* |
| 🞏 | I am at school/college/sixth form |  |  |
| 🞏 | I am at university |  |  |
| 🞏 | I am working full-time |  |  |
| 🞏 | I am working part-time |  |  |
| 🞏 | I am unemployed |  |  |
| 🞏 | I am not employed and not looking for work (e.g. **you are retired, a full-time carer, have a health condition which prevents you from working**) |  |  |
| 🞏 | Other (Please Specify) | ***\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*** |  |  |

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| **16. What is your home postcode?** |
| *(Please state your full postcode in the box below)* |
|  |  |  |  |  |  |  |  |  |

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| --- |
| **17. What is your name?** |
| (We are asking for your name so we know who has completed our survey. Your name will not appear in any report). |
| First Name |  |  |
| Last Name |  |  |
| 🞏 | Prefer not to say |  |  |

 |

Many thanks for completing this survey.